

# 8 Steps to a Strong Passphrase

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**1** USE A PERSONALIZED SENTENCE INSTEAD OF COMPLEX LETTERS AND CHARACTERS.

!L0v3MyP1@n0

There are red roses outside my house!

**2** MAKE SURE YOUR PASSPHRASE IS AT LEAST SEVEN WORDS LONG.

There are red roses outside my house!

**3** DON'T USE ANY COMMON, SIMPLE, OR KNOWN PHRASES.

All you need is love

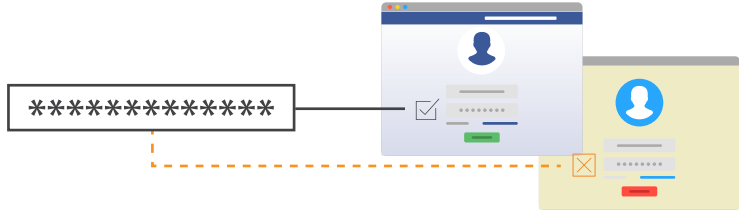
Dark side of the moon

Roses are red

There are red roses outside my house!

**4** USE A DIFFERENT PASSPHRASE FOR EACH ACCOUNT

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**5** USE A PASSWORD MANAGER, PROTECTED BY A PASSPHRASE.

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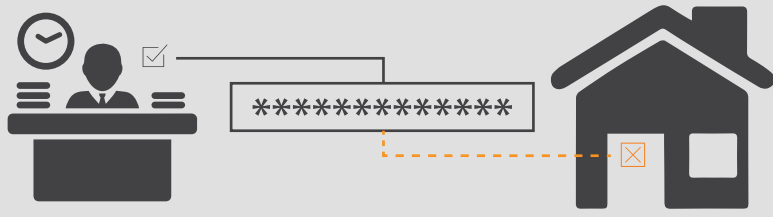
**6** CHANGE YOUR PASSPHRASE EVERY YEAR. (DON'T RECYCLE THEM FOR AT LEAST 5 CHANGES)

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**7** MAKE SURE YOU USE A DIFFERENT PASSPHRASE AT WORK THAN YOU DO AT HOME.

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**8** MAKE SURE THAT YOUR ACCOUNTS LOCK FOR 15 MINUTES AFTER 5 FAILED LOGIN ATTEMPTS

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